



## Supplementary Material

# Assessing the Effects of the 2023 Turkish Earthquakes on Mental Health in Lebanon: A Cross-sectional Study

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**Table 1: Bivariate analysis taking the LAS-10 scale before and after the earthquake. Abbreviations: SD: Standard Deviation.**

	LAS-10 before	p-value	LAS-10 after	p-value
	Mean ± SD		Mean ± SD	
<b>Gender</b>				
Male	10.89±6.55	<0.001	10.92±7.63	<0.001
Female	13.82±6.48		14.87±7.68	
<b>Marital status</b>				
Single/widowed/divorced	13.19±6.50	0.215	14.02±7.77	0.122
Married	12.19±7.30		12.66±8.30	
<b>Education level</b>				
School level	11.93±6.98	0.101	12.66±8.48	0.146

University level	13.21±6.56		14.00±7.76	
<b>Working status</b>				
Unemployed	13.39±6.61	0.094	14.26±7.98	0.068
Employed	12.50±6.62		13.12±7.61	
<b>Previously diagnosed with mental health disorder by a specialist</b>				
Yes	17.85±6.66	<b>&lt;0.001</b>	19.48±8.29	<b>&lt;0.001</b>
No	12.23±6.26		12.86±7.37	
<b>Governorate of residence</b>				
Beirut	14.02±7.33	0.084	14.49±8.59	0.057
Mont Lebanon	12.94±6.39		14.17±7.73	
North	13.70±6.20		15.21±7.16	
Bekaa	12.35±5.31		13.52±6.49	
South	12.17±6.59		12.34±7.76	
	<b>Correlation coefficient</b>	<b>p-value</b>	<b>Correlation coefficient</b>	<b>p-value</b>
Age	-0.114	<b>0.003</b>	-0.122	<b>0.002</b>
LAS-10 before	-	-	0.846	<b>&lt;0.001</b>
Numbers in bold indicate significant p-values.				

Table 2: Multivariable analysis before and after the earthquake. Note: Variables entered in the model: gender, age, marital status, level of education, working status, using medication, governorate, and previously diagnosed mental disorder. Numbers in bold indicate significant p-values. Abbreviations: CI: Confidence Interval.

	Beta	95% CI		p-value
<b>Model 1: taking the LAS-10 before the earthquake as the dependent variable</b>				
Gender (Female vs Male*)	2.644	1.580	3.709	<b>&lt;0.001</b>
Age	-0.123	-.202	-0.045	<b>0.002</b>

Level of education (University vs school level*)	0.258	-1.306	1.821	0.746
Working status (employed vs unemployed*)	-0.602	-1.600	0.395	0.236
Using medication to relieve symptoms before the earthquakes (Yes vs No*)	4.229	2.369	6.089	<b>&lt;0.001</b>
Governorate (South vs Beirut*)	-1.928	-3.217	-0.639	<b>0.003</b>
Marital status (Married vs single*)	0.469	-1.318	2.257	0.606
Previously diagnosed with a mental disorder (Yes vs No*)	4.495	3.063	5.928	<b>&lt;0.001</b>
<b>Model 2: taking the LAS-10 after the earthquake as the dependent variable</b>				
Gender (Female vs Male*)	3.603	2.341	4.865	<b>&lt;0.001</b>
Age	-0.147	-0.240	-0.053	<b>0.002</b>
Level of education (University vs school level*)	-0.260	-2.114	1.593	0.783
Working status (employed vs unemployed*)	-0.683	-1.865	0.500	0.257
Using medication to relieve symptoms before the earthquakes (Yes vs No*)	3.515	1.309	5.720	<b>0.002</b>
Governorate (South vs Beirut*)	-2.238	-3.766	-0.710	<b>0.004</b>
Marital status (Married vs single*)	0.356	-1.764	2.475	0.742
Previously diagnosed with a mental disorder (Yes vs No*)	5.840	4.142	7.539	<b>&lt;0.001</b>